



Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
5-May Chicken Nuggets Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	6-May Cheeseburger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-May Spaghetti w/ Meatsauce Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-May Cheese & Chicken Quesadilla w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Assorted Breads & String Cheese Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Sausage, Egg, & Cheese Breakfast Pocket Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Fruit & Yogurt Parfaits Fresh Fruit & Milk
12-May Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	13-May Chicken Burger Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-May Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-May Burrito w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-May Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Assorted Breads & String Cheese Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Sausage, Egg, & Cheese Breakfast Pocket Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Fruit & Yogurt Parfaits Fresh Fruit & Milk
19-May Chicken Strips Baked Cheetos Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	20-May Hamburger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-May Breakfast for Lunch Mini Waffles & Turkey Sausage Patty Dried Cherries Fresh Vegetables 1% White Milk or Chocolate Milk	22-May Turkey Taco Nachos w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	23-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Assorted Breads & String Cheese Fresh Fruit & Milk	Breakfast Pizza Fresh Fruit & Milk	Sausage, Egg, & Cheese Breakfast Pocket Fresh Fruit & Milk	Pancake & Sausage on a Stick Fresh Fruit & Milk	Fruit & Yogurt Parfaits Fresh Fruit & Milk
26-May	27-May	28-May	29-May	30-May
MEMORIAL DAY HONORING ALL WHO SERVED MAY 31, 2020	No School Non-Student, Non-Contract day	Cook's Choice! Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Corndog Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
No School		Assorted Breads & String Cheese Fresh Fruit & Milk	Assorted Breads & Yami Yogurt Fresh Fruit & Milk	Sausage, Egg, & Cheese Breakfast Pocket Fresh Fruit & Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call Food Services Supervisor, at (360) 428-6149.