



# Mount Vernon School District

*Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
27-Feb <b>Chicken Nuggets</b> Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	28-Feb <b>Cheeseburger</b> Steamed Peas Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	1-Mar <b>Corndog</b> Tater Tots/Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	2-Mar <b>Breakfast for Lunch</b> Mini Pancakes and Sausage Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	3-Mar <b>Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Bagel &amp; Cream Cheese</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Muffin Flat</b> Fresh Fruit & Milk
6-Mar <b>MAX Stuffed Breadsticks</b> Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-Mar <b>Chicken Burger</b> French Fries/Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-Mar <b>Spaghetti w/ Meatsauce</b> Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-Mar <b>Burrito</b> w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-Mar <b>Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Mini Eggo Waffles</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Ultimate Breakfast Cookie</b> Fresh Fruit & Milk
13-Mar <b>Beef Teriyaki Dippers</b> Steamed Rice & Veggies Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	14-Mar <b>Sloppy Joes</b> Coslaw Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-Mar <b>Chicken Strips</b> Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-Mar <b>Chicken Enchilada Empanada</b> w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	17-Mar <b>Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk 
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Bagel &amp; Cream Cheese</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Muffin Flat</b> Fresh Fruit & Milk
20-Mar <b>Mandarin Orange Chicken</b> Steamed Rice & Veggies Fresh Fruit 1% White Milk or Chocolate Milk	21-Mar <b>Hotdog</b> Tater Tots/Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-Mar <b>Breakfast for Lunch</b> French Toast and Sausage Flavored Applesauce Fresh Vegetables 1% White Milk or Chocolate Milk	23-Mar <b>Turkey Taco Nachos</b> w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-Mar <b>Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Mini Eggo Waffles</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Ultimate Breakfast Cookie</b> Fresh Fruit & Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.