



# Mount Vernon School District

*Growing Healthy Students!*

**Meal Prices:**  
 Elementary Breakfast & Lunch: **No Charge**  
 Adult Lunch & Salad Bar: **\_\$5.00**  
 Side Milk: **\$0.75**

Monday	Tuesday	Wednesday	Thursday	Friday
7-Nov <b>Mandarin Orange Chicken</b> Steamed Rice & Veggies Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	8-Nov <b>Hotdog</b> Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	9-Nov <b>Cheeseburger Mac</b> Garlic Bread Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	10-Nov <b>Pizza</b> Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	11-Nov <b>Veteran's Day</b> No School
<b>Cereal Choice &amp; Cracker</b> <i>Fresh Fruit &amp; Milk</i>	<b>Breakfast Pizza</b> <i>Fresh Fruit &amp; Milk</i>	<b>Mini Maple Waffles</b> <i>Fresh Fruit &amp; Milk</i>	<b>Sausage, Egg, Cheese Burrito</b> <i>Fresh Fruit &amp; Milk</i>	
14-Nov <b>Corndog</b> French Fries Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	15-Nov <b>Chicken Burger</b> Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	16-Nov <b>Burrito</b> w/Pico de Gallo Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	17-Nov <b>Turkey Gravy</b> and Mash Potatoes Dinner Roll & Cookie! Fresh Fruit & Salad Bar 1% White Milk or Chocolate Milk	18-Nov <b>Pizza</b> Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> <i>Fresh Fruit &amp; Milk</i>	<b>Breakfast Pizza</b> <i>Fresh Fruit &amp; Milk</i>	<b>Mini Maple Waffles</b> <i>Fresh Fruit &amp; Milk</i>	<b>Pancake on a stick</b> <i>Fresh Fruit &amp; Milk</i>	<b>Cinnamon Roll</b> <i>Fresh Fruit &amp; Milk</i>
21-Nov <b>Chicken Strips</b> Sunchips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	22-Nov <b>Hamburger</b> Chips Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	23-Nov <b>Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-Nov <b>Thanksgiving Day!</b> <b>No Meal Service</b>	25-Nov <b>No Meal Service</b>
<b>Cereal Choice &amp; Cracker</b> <i>Fresh Fruit &amp; Milk</i>	<b>Breakfast Pizza</b> <i>Fresh Fruit &amp; Milk</i>	<b>Mini Maple Waffles</b> <i>Fresh Fruit &amp; Milk</i>		
28-Nov <b>Cheese Stuffed Breadsticks</b> Marinara Sauce Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	29-Nov <b>Turkey and Cheese Sandwich</b> Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-Nov <b>Spaghetti w/ Meatsauce</b> Garlic Bread Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	1-Dec <b>Chicken Quesadilla</b> Jicama & Limes Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk	2-Dec <b>Pizza</b> Fresh Fruit Salad Bar 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> <i>Fresh Fruit &amp; Milk</i>	<b>Breakfast Pizza</b> <i>Fresh Fruit &amp; Milk</i>	<b>Mini Maple Waffles</b> <i>Fresh Fruit &amp; Milk</i>	<b>Pancake on a stick</b> <i>Fresh Fruit &amp; Milk</i>	<b>Ultimate Breakfast Cookie</b> <i>Fresh Fruit &amp; Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
 Questions? Call David Connors, Food Services Director, at (360) 428-6149.